

THE NEW NORMAL

You still need to protect yourself against #COVID19, wherever you are:

- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face
- Avoid crowded places and limit time in enclosed spaces
- Keep a distance of at least 1 metre from others
- Regularly disinfect frequently touched objects and surfaces
- Isolate yourself from others if feeling unwell and seek care, if needed



#StaySafe